

INTERNATIONAL STUDENT QUICK GUIDE

GENERAL EMERGENCY:

DIAL 911
for police, ambulance, or fire.

INTERNATIONAL STUDENT SUPPORT:

YOUR SAFETY:

Don't walk alone at night if possible. Lock your car and home doors. If you feel unsafe, reach out to security or student support on campus or call the police if off campus.

HEALTH RESOURCES:

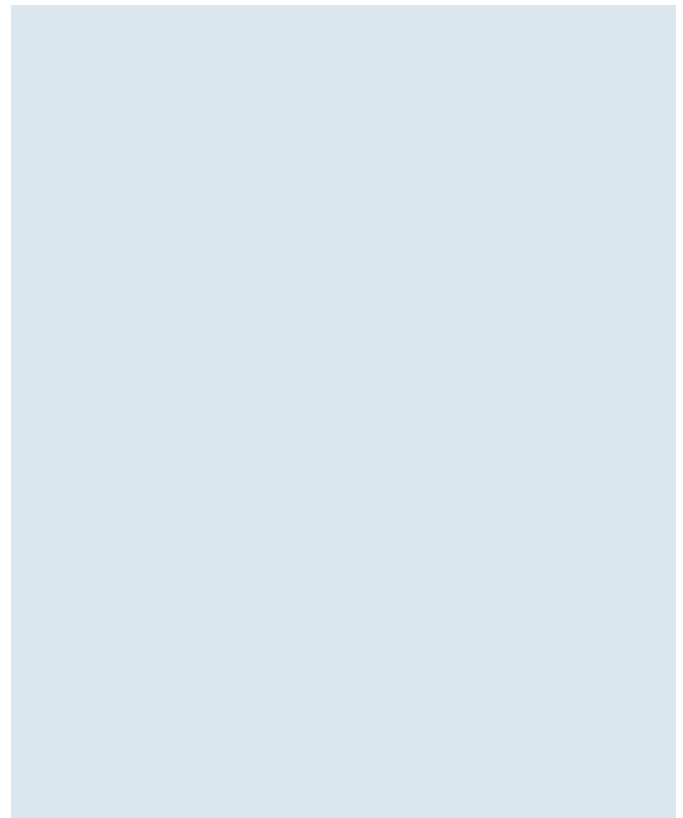
this is New Brunswick's health card used for hospital and doctors visits: [click here](#) to apply. Note that it can take up to three months to be processed and receive your card. Apply for your social insurance number, this will give you a number that you use to work in Canada. Visit: [click here](#) to apply.

any time of day or night to receive support from a nurse and get a referral to additional healthcare services in your community.

Dial 2-1-1 a referral helpline for New Brunswickers to call when they need help finding community support.

Location: 400 University Ave., Saint John, New Brunswick, E2L 4L2
Telephone: 506-648-6000

Accessing Healthcare in New Brunswick:
[Accessing healthcare \(gnb.ca\)](#)



*my*wellness

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Campus Facilities

Your campus has some great spaces to enjoy! Gymnasium, Fitness room, Library, student Lounge and quiet areas.

Once you arrive, you can sign up for on-campus and city tours to learn and explore more.



Student Experience

ORIENTATION

[Orientation and Onboarding](#)

GET CONNECTED

Get involved on campus! Your Student Union offers events, sports and more. Visit: www.nbccsu.ca

COMMUNITY RESOURCES

- [Saint John Newcomers Centre](#)
- [Newcomer Connections – YMCA of Greater Saint John](#)
- [PRUDE, Inc. – Bridging Culture Diversity Training](#)
- [Food Banks](#)
- [Public Library \(East, Uptown, West\)](#)
- [Student Union Food cupboard](#)
- [Save on Fruit & Vegetables - Food Purchasing Club \(crescentvalleyresourcecentre.ca\)](#)
- [Living in NB \(gnb.ca\)](#)
- [New to Saint John, New Brunswick](#)
- [Envision Saint John](#)

STUDENT ID

Order your student ID online: <https://nbcc.libguides.com/photoid>. Location to pick up is also available on this page.

STUDENT UNION HEALTH & DENTAL

Be sure to opt in or out of your health & dental plan provided by the Student Union. More at www.mystudentplan.ca

GUARD.ME

Your protection while studying in Canada:
www.nbcc.ca/international/guardme

IMMIGRATION

- [International Student Visas, permits, and immigration](#)
- [Provincial Immigration Programs](#)
- [Immigration, Refugees and Citizenship Canada](#)



Saint JohnEMB

Saint John is famous for its waterways which include both the Atlantic ocean and Saint John River. Many people come from all over the world to see the Bay of Fundy with its incredible highest tides in the world. Its population is 70,785.

HIGHLIGHTS OF LIFE IN SAINT JOHN

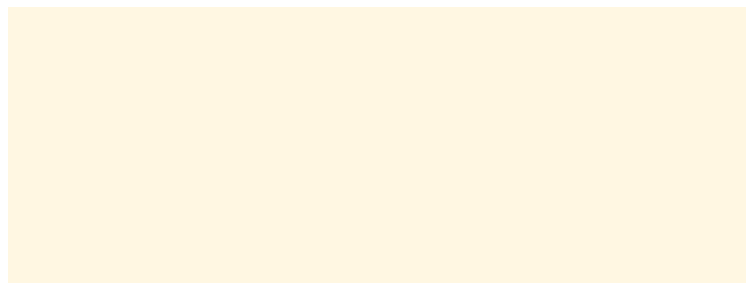
- Nature parks right in the city for walking, hiking, and swimming
- Music and Entertainment Events
- Community and Settlement Centers
- Unique Restaurants such as Indian, Chinese, Arabic and Italian.

GET TO KNOW SAINT JOHN

- [City of Saint John](#)
- [Discover Saint John](#)
- [YMCA of Greater Saint John](#)

WHAT TO PACK

- Required documents to present when entering Canada
- Books
- Items that remind you of your home country (*eg. flag, music or family recipes*)
- Medications
- Toiletries
- Weather appropriate clothes
- Light bed linens (*bed sheets, pillowcases, etc*)
- Laptop
- Thermometer



Housing in Saint John

